

REGISTRATION FORM

SUMMERCAMP APC JOVEM 2013

1. EVENT DATA	2. PRICES	3. PAYMENT
«SEM ESPIGA» SUMMER CAMP. QUINTA GRANADOS, TOMAR. FROM 01/SEPT 15H00 TO 07/SET 12H00 AGES: 8 - 18 YEARS.	ADVANCED PAYMENT (1 INSTALLMENT IN THE ACT OF REGISTRATION): <input type="checkbox"/> 205€ PAYMENT IN 2 INSTALLMENTS: <input type="checkbox"/> 225€	TOTAL PAYMENT..... <input type="checkbox"/> PAYMENT IN 2 INSTALLMENTS <input type="checkbox"/> 1ST INSTALLMENT IN THE ACT OF REGISTRATION 2ND INSTALLMENT UNTIL 17TH AUGUST

4. IDENTIFICATION OF THE PARTICIPANT
NAME: _____ DATE OF BIRTH: ____/____/____ SEX: F <input type="checkbox"/> M <input type="checkbox"/> ADDRESS: _____ POST CODE: _____ PHONE.: _____ MOBILE-PHONE.: _____ E-MAIL: _____ HEALTHCARE (ALLERGIES, OTHER INTOLERANCES BESIDES GLUTEN, OTHER MEDICAL ISSUES): _____

5. IDENTIFICATION OF THE CARE TAKER (E.G. PARENT, IN THE CASE OF A MINOR)
NAME: _____ KINSHIP: _____ PHONE.: _____ MOBILE-PHONE.: _____ E-MAIL: _____ TAX ID NUMBER (FOR RECEIPT): _____ I AGREE WITH THE USE OF IMAGES OF THE PARTICIPANT IN APC DISCLOSURE MATERIALS: YES <input type="checkbox"/> No <input type="checkbox"/> I AGREE WITH THE USE OF IMAGES OF THE PARTICIPANT BY THE MEDIA, IN RADIO AND/OR TV PIECES RESULTANT OF THE SUMMER CAMP MEDIA COVERAGE: YES <input type="checkbox"/> NO <input type="checkbox"/> I HEREBY DECLARE THAT I HAVE BECOME AWARE OF THE DOCUMENT WITH INFORMATIONS AND RULES OF THE SUMMER CAMP, AS WELL AS THE RULES OF PARTICIPATION. I AM RESPONSIBLE FOR THE BEHAVIOR OF THE PARTICIPANT. SIGNATURE OF THE CARE TAKER: _____ DATE: ____/____/____

TO FILL IN THE REGISTRATION FORM, PLEASE READ THE FILLING RULES BELOW.



FILLING RULES

1 – EVENT DATA

«SEM ESPIGA» SUMMER CAMP, QUINTA GANADOS, TOMAR, PORTUGAL.

THE RECEPTION OF THE PARTICIPANTS STARTS SUNDAY, SEPTEMBER 1ST, AT 15PM.

THE FAREWELL WILL BE ON SATURDAY, SEPTEMBER 7TH, AT 13PM.

THE PARTICIPANTS SHOULD BE 8 TO 18 YEARS OLD.

2 - PRICES

THE PRICE DOES NOT INCLUDE TRANSPORT. THERE IS A TRAIN STATION IN TOMAR, NEAR TO THE LOCAL OF THE EVENT. APC IS RESPONSIBLE FOR THE TRANSPORT JUST BETWEEN THAT STATION AND THE SUMMER CAMP. HOWEVER, WE ARE AVAILABLE TO FIND SOLUTIONS OF TRANSPORT, IF NEEDED.

3 - PAYMENT

THE PAYMENT SHOULD BE DONE BY BANK TRANSFER.

ACCOUNT NUMBER: 0010 0000 427791 60001 91

IBAN: PT50 0010 0000 4277 9160 0019 1

SWIFT/BIC: BBPI PTPL

THE RECEIPT OF THE TRANSFER SHOULD BE SENT BY E-MAIL TO APC.

THE REGISTRATION FORM IS VALID WHEN SENT TOGETHER WITH THE RECEIPT OF THE TRANSFER.

IT IS POSSIBLE TO PAY IN ONE OR TWO INSTALLMENTS.

IN CASE OF WITHDRAWAL, THERE WILL BE NO RETURN OF THE PAYMENT, UNLESS THE SUMMER CAMP DOES NOT TAKE PLACE.

4 – IDENTIFICATION OF THE PARTICIPANT

FILL IN ALL THE DATA REQUESTED, SPECIALLY OTHER IMPORTANT HEALTH ISSUES BESIDES CELIAC DISEASE, OR OTHER COMMENTS YOU CONSIDER RELEVANT.

5 – IDENTIFICATION OF THE CARE TAKER

FILL IN ALL THE DATA REQUESTED REGARDING THE ADULT RESPONSIBLE FOR THE PARTICIPANT.

THE INDICATION OF THE TAX ID NUMBER IS IMPORTANT TO BE ON THE PAYMENT RECEIPT.



YOU SHOULD FILL IN ONE REGISTRATION FORM FOR EACH PARTICIPANT AND SEND IT BY E-MAIL TO DIETISTA@CELIACOS.ORG.PT OR TO APC:

AV. JÚLIO DINIS, N.º 23, 1.º ESQ.

1050-130 LISBOA. PORTUGAL.

FOR ANY OTHER QUESTIONS, PLEASE CONTACT APC DIETITIAN, CALLING 00351 21 753 01 93 OR 00351 91 813 95 11.

INFORMATION FOR CARE TAKERS

Place: Quinta Ganados - Tomar

SUMMER CAMP – QUINTA GANADOS is located just at 60 minutes from Lisbon and 30 minutes from Coimbra. With maximum safety and permanent comfort, it can offer to all youth moments of sharing, fellowship, mutual help and huge educational component.

With their business plan, Quinta Granados want these children and young people, while they are having fun and performing dynamic and stimulating activities, to develop some social and relational skills such as the ability to work in a team, to learn to listen and communicate or interact well with their peers, share ideas and build consensus, and develop a sense of responsibility and understand the importance of sharing and solidarity among all. **You can see the plan of activities of the SUMMER CAMP below.**

Activities

There are many activities during our camps. Every year we reformulate activities appealing to all youth participants. The camp ensures that all activities are supervised by monitors and coordinators and is required to wear PPE (personal protective equipment).

Our activity programs are designed by the monitors, supervised by coordinators and approved by the pedagogical manager. Quinta Granados is recognized by the practice of a healthy lifestyle during the summer camp with schedules in accordance with the young life.

To ensure the safety of the installation, there are monitors to perform the necessary support to participants either during the day or during the night.

The camp concludes a contract of personal accident insurance and civil responsibility for the participants, according to the conditions required in Ordinance 629/2004.

The Camp has an Emergency and Evacuation Plan (EEP), appropriate to the type of users, activities and installation. At the beginning of each camp, it will be promoted an awareness action to prepare monitors and participants for a possible evacuation of the installation. All equipment used by the participants is properly inspected and serviced in accordance with the law and safety rules, and its maintenance will be done by qualified personnel.



The staff of the Summer Camp comprises the following personnel:

- Responsible for the Summer Camp / Pedagogical Responsible (Miguel Freitas);
- Responsible for installation (Dr. Cristina);
- Number of monitors required by law for Camps.

APC will also be present with some elements during the days of the camp.

You can see pictures of the local holiday camp in <http://www.campo jovem.com/>.

WHAT TO BRING? CLOTHING AND PERSONAL HYGIEN PRODUCTS

Each participant should bring for the days of Camp: complete change of clothes (t-shirt, shorts, underwear, socks), bathing suits, bath towel, beach towel, warm clothes (shirts and pants), tennis shoes, a pair of slippers, hygiene kit, toothbrush and toothpaste, elastic for glasses (for permanent use), comb or brush, 1 water canteen, 1 sleeping bag, 1 flashlight and sunscreen lotion. In case you don't have any of these items, please inform us.

We advise not to take valuable items to the Camp. The participant is responsible for their personal items, not blaming the camp for its loss or misplacement.

In the camp, there is a 'bank' where participants can keep their money safe.

Food

- It is not necessary to bring gluten free food, it will be provided throughout the week.

Other Objects

- One blanket;
- One small backpack for the outside.

Other Situations:

If the participant is medicated, all information about the administration should be reported to the Coordinator of Summer Camp, especially if the participant is very young.



SECURITY AND FOOD

Security

Security: It is our main theme, one to which we devote more work!

HUMAN SECURITY

The monitoring of the participants is done 24 hours a day by the team of monitors and coordinators of the camp. All of our monitors are trained in first aid and in different areas of security.

SECURITY IN OUR INSTALLATIONS

The entries in our summer camp are limited and properly controlled, and the entire area is fenced, having systems to control fire and theft.

The pool has a maximum height of 1.50 meters and there are monitors who oversee its correct use.

SECURITY ACTIVITIES / OUTSIDE SUMMER CAMP

All activities are undertaken by summer camp monitors and have the supervision and control of the pedagogical coordinator. All activities have certified materials, corresponding to the CE07197 standard.

The vast majority of activities is carried out on the camp installations. In activities outside the camp, participants are accompanied by monitors and coordinators and maintain active security plans.

Food

We work according to the Hazard Analysis and Critical Control Points - HACCP.

Our menu consists of five meals a day (breakfast, lunch, afternoon snack, dinner and a night snack).

The menu will be prepared by APC together with the camp staff.

The menu is diverse in quantity and gluten free.



Transportation in the Summer Camp

There is a train station in Tomar, near the camp.

APC only ensures transportation between this station and the summer camp. However, we are available to search transport solutions, if necessary.

In case of foreign participants, we can discuss the best way to ensure the transportation between Lisbon Airport and the camp.

Medical Support and S.O.S

The Summer Camp is located at 5km from the nearest health center, at 10 km from the Tomar's hospital and 20km from Abrantes's hospital. All the monitors have a First Aid course. In situations when the participant requires special care, or is medicated, parents should inform us through the registration form and the medication must be delivered to the Camp, properly identified and with all the necessary information.

In case of illness during the Summer Camp, participants will be taken care of depending on the severity of the case, either at the first aid station existing in the Summer Camp, in health centers or local hospitals, always being properly monitored by the person in charge.

In case of going to the hospital, the parents will be informed by the Directors of the Summer Camp and, at the end of the shift, the participant will take home all the documentation and recommendations to be delivered to his parents.

Health Centers, Municipal Fire Department and local Public Security Police and National Guard are always informed of the beginning and end of each Summer Camp.

Any information that parents/educators think necessary should be included in the application form. That information is totally confidential (please feel free to talk about any problems that may exist), we think that we are able to solve almost all situations if advised. All situations are handled with great sensitivity, ensuring that the child will never feel ashamed or embarrassed.



THE SUMMER CAMP

We intend that each participant "learns" to be with others and to join group activities. It's also intended to: develop the individual skills of the child, taking into account their group, promote knowledge in diverse areas of outdoor activities, raise awareness to issues like security and the environment. All these values are highlighted in the activities.

For the various age ranges, we aim to achieve the goal of responsibility of each participant, we have a great number of activities, all of for a strong and healthy competitive and cooperative spirit.

All the sports and recreational activities are developed in close contact with nature and demanding every team a strong union, cohesion and coordination of team performance always accompanied and encouraged by their monitor.

The importance of different and specific personal contributions of each individual to the team:

- A strong team spirit that benefits from personal coordination alongside the division of tasks and individual differences;
- A continued teamwork towards specific goals set in an environment characterized by competitiveness as a way to promote excellence and encourage a quality performance;
- A happy and healthy coexistence between the team and the other teams based on the statement of the person itself and the respect for others are constant values promoted by the organization.

It's very easy to entertain children and young people at this age. Music, games and parties are enough. However, what we propose is different! We propose to design and implement activities that besides having an entertainment component, also have an educational component.

In other words, we want these children and young people to enjoy themselves while performing dynamic and stimulating activities and develop social skills such as the ability to work in a team, learn to listen, interact and communicate better with their peers, share ideas and build consensus, and among all develop a sense of responsibility and also understand the importance of sharing.

For this purpose, we introduce different activities, which bring together a range of challenges that will allow participants to live truly enriching experiences.



Main Benefits:

- Increased confidence and self-esteem;
- Increased spirit of autonomy and independency;
- Meeting new people;
- Developing team spirit and the capacity of sharing with others;
- Conducting fun activities;
- Escaping from the stressful environment of the city.

